

M. Ed. Counselor Education Case Study

Applicants for both the Clinical Mental Health Counseling and School Counseling tracks must respond to the prompt below as a requirement for admission.

Full Name (as it appears on the application): _____

Last 4-digits of social: _____

Instructions:

Please complete the following prompt in full and upload your response with your electronic application or email to gradschool@valdosta.edu.

In a response of approximately one page double spaced, please provide an APA formatted response to the following case study.

Chris is a clinical mental health counselor conducting a small group for high school seniors through a community counseling center. Students were referred to the group by their school counselor. The group is entitled “Looking to the Future” and is based on helping students explore and plan for life after high school. There are eight students in the group which will meet for twelve sessions. Members attend regularly in the evenings and are quick to bond. In the third session, Chris asks students to share situations they struggle with in the present. Students share many concerns. One student shares that she regularly encounters racism in the community and in her school that are predominately white. Another student shares that she is bullied by other students at her school because of her relationship with her girlfriend. A third student shares that his family, the only Jewish family in their neighborhood, isn't included in community functions.

What are your thoughts and reactions to the concerns that these three group members present? How do you see experiences such as these in terms of wellness for the individuals affected and the settings in which they occur?